FOUNDATIONAL CONCEPTS

for LGTBQ2S+ in Health



FOUNDATIONAL CONCEPTS FOR LGTBQ2S+ IN HEALTH

We are addressing biases around health inequities centered on gender. Specifically, we're hoping to enrich and enlighten understanding of the diversity of gender identities amongst LGTBQ2S+ people.

This includes addressing the concept of inequity in health care settings and biases over the use of inclusive language when working with patients who identify across the spectrum of gender.

The use of video interviews of several community members evokes not just understanding but a deep sense of empathy and compassion for these individuals and LGTBQ2S+ people by extension.

Questions:

- Describe what health inequities are and why they exist for LGTBQ2S+ people.
- 2. Explain how to engage and communicate with LGTBQ2S+ people in an affirming and respectful way.
- 3. Reflect on your past practices as a health care practitioner in the care of LGTBQ2S+ people.
- 4. Plan how you can do more to provide gender affirming care for patients in our health care settings. Structural improvements? Relational changes? Adaptations to how you and your staff communicate with patients?

Go to the YouTube Playlist

Click the button to go to the HEAL project.



This project is part of the Hearts-based <u>E</u>ducation and <u>A</u>nti-colonial <u>L</u>earning resource, an initiative of the <u>Health Arts</u> <u>Research Centre</u>, and funded in part by <u>Indigenous Services Canada</u>.





